1st birthday checklist:

- Bake cake
- Buy presents
- Send invitations
- Schedule 12-month checkup

Models used for illustrative purposes only.
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Dear Parent/Guardian,

Your child’s first birthday is time for celebration—and it’s also time for an important checkup at the doctor’s office.

Our records show that it is time to schedule your child’s 12-month checkup.

If your child does not have a checkup scheduled, please contact your child’s doctor soon.

At this milestone appointment, your child will get weighed and measured, have a full physical exam, and may receive CDC-recommended vaccinations.

Your child may receive shots at the 12-month visit to help protect against the following vaccine-preventable diseases:

- Hepatitis B
- Haemophilus influenzae type b
- Invasive pneumococcal disease
- Polio
- Influenza
- Measles, Mumps, and Rubella
- Chickenpox
- Hepatitis A

Source: Centers for Disease Control and Prevention.