

## Healthy Minds, Healthy Children

Join the The REACH Institute in Woodbridge for its Patient-Centered Mental Health in Pediatric Primary Care (PPP) Mini -Fellowship. This innovative program increases clinicians' comfort with assessing, diagnosing, and treating pediatric mental health concerns. Participants can earn AMA PRA Category 1 Credits<sup>\*™</sup> by completing the mini-fellowship components:

- A dynamic three-day, 16-hour interactive course focused on building skills and confidence in diagnosing and treating pediatric behavioral health problems.
- A six-month, case-based distance-learning program. Participants join 12 bi-monthly, 1 hour group conference calls with national primary care and child/adolescent psychiatry experts to learn how to manage pediatric mental health issues encountered in daily practice.
- All participants will receive custom-designed toolkits with guides, assessment instruments, dosing and side effect charts, medication comparison tables, and handouts for patients and parents.

## **Course Goals**

**In** order to effectively use medications for pediatric behavioral health problems, participants learn to:

- Correctly identify and differentiate among pediatric behavioral health problems such as childhood depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.
- Effectively manage psychopharmacology: selecting medications, initiating and tapering dosages, monitoring improvements, and identifying and minimizing medication side effects.
- Create and implement a treatment plan by mobilizing existing resources like family members, school personnel, and other professional caregivers.

## Details





Offered by The Virginia Center for Health Innovation with funding from The Potomac Health Foundation

## Learn more & Register http://www.vahealthinnovation.org/what-we-do/hmhc/

\*In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and The REACH Institute. The University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team. Designation

The University of Arkansas for Medical Sciences designates this live activity for a maximum of 28.25 AMA PRA Category 1 Credits<sup>TM</sup> Physicians should claim only the credit commensurate with the extent of their participation in the activity.